# **MULTIVITAMINS**

# **MEGANERVTM-E**

Capsule

## FORMULATION:

Each capsule contains:	
Alpha-Tocopherol (Vit. E)	200 mg
Thiamine Mononitrate (Vit. B1)	10 mg
Riboflavin (Vit. B2)	5 mg
Pyridoxine HCI (Vit. B6)	10 mg
Cyanocobalamin (Vit. B12)	10 mcg
Ascorbic Acid (Vit. C)	50 mg
Calcium Pantothenate	5 mg
Nicotinamide	10 mg
Ferrous Sulfate (Equivalent to 20 mg Elemental Iron)	54.4 mg

#### **DESCRIPTION:**

(MULTIVITAMINS) **MEGANERV™-E** capsule has a wide range and ideally balanced formula generally intended to provide an indispensable nutritional support to individuals who need a balanced intake of the most vital nutrients.

#### PROPERTIES AND ACTIONS:

(MULTIVITAMINS) **MEGANERV™-E** capsule is useful in conditions associated with increased physical and mental activities, aging, acute or prolonged and debilitating illnesses and other kind of stress.

B-complex vitamins stimulate the various metabolic processes which produce the energy needed to fuel the cellular activities of the body, specifically the physiologic activities of the nervous system.

The hematinics, iron and vitamin B12 plus vitamin C are needed to improve the process of blood production.

Vitamin E is an antioxidant that protects the cell against the damaging effects of free radicals. It protects the cell against premature aging and malignant transformation.

# PHARMACOKINETICS:

Vitamin E absorption from the gastrointestinal tract depends on biliary and pancreatic secretions. The amount absorbed varies and appears to decrease as the dose increases. It enters the bloodstream via chylomicrons and is widely distributed to body tissues and is stored in the adipose tissue.

Vitamin E is excreted in the urine but most of the dose is slowly excreted in the bile. It is also excreted in breast milk but poorly transferred across placenta.

## **INDICATIONS AND USES:**

(MULTIVITAMINS) MEGANERVTM-E with its straightforward formulation will provide an effective, reliable nutritional support in the following cases:

- During increased nutritional requirements as in periods of stress and convalescence following illness or post-surgical conditions.
- For the treatment of multivitamin deficiencies.
- In inadequate or deficient diet.

Good nutrition through proper diet is not always easy to achieve. (MULTIVITAMINS) **MEGANERV**<sup>TM</sup>-**E** capsule meets the body's special needs quickly and safely and helps restore a healthy natural sense of well- being. It can therefore prove to be of special value to individuals who work long hours or do demanding jobs, in convalescing state (to recover strength and health after illness), athletes in training, women on contraceptive pills and heavy smokers.

#### DOSAGE:

One capsule daily or as prescribed by the physician.

#### **ADVERSE EFFECTS:**

Vitamin E is generally well tolerated.

Large doses of Vitamin E have been reported to increase bleeding tendency in vitamin-K deficient patients and in those taking oral anticoagulants.

#### DRUG INTERACTIONS:

Large doses of vitamin E may increase the effects of oral anticoagulants (blood thinning) drugs such as warfarin, aspirin or blood-thinning dietary supplements such as gingko biloba.

Colestyramine, colestipol and orlistat may interfere with Vitamin E absorption.

#### **CAUTION:**

Foods, Drugs, Devices and Cosmetics Act prohibits dispensing without prescription.

#### PRESENTATION:

(MULTIVITAMINS) **MEGANERV**<sup>TM</sup>-**E** capsule is available in blister pack x 10's, box of 60's.

For suspected adverse drug reaction, report to the FDA: www.fda.gov.ph

DR-XY21634

STORE AT TEMPERATURES NOT EXCEEDING 30°C.



Manufactured for:

S.V. MORE PHARMA CORPORATION

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