

Sodium Chloride Potassium Chloride Calcium Lactate Pentahydrate

FLO Sinus Care Kit

Non-medicated Isotonic Saline Sinus & Nasal Irrigation (Bottle + Sachets)

Description

Flo Sinus Care is a non-medicated, preservative-free, isotonic nasal and sinus irrigation kit. Flo Sinus Care pre-mixed powder with salts, when dissolved in 200 ml water, provides a solution that closely resembles the fluid that naturally bathes the body cells. Flo Sinus Care helps wash away dust, dirt, pollutants, allergens, irritants and excess mucus to relieve nasal and sinus congestion. Flo Sinus Care is used to deliver solution into the nasal and sinus cavities by using a large volume of irrigation fluid delivered under positive pressure.

Flo Sinus Care is gentle on the nasal and sinus tissues. It has no irritating chemical components and may be used as often as necessary. It does not sting as other concentrated solutions are prone to do.

The Flo Sinus Care Kit includes a FLO Bottle and 4 Sachets for Flo Sinus Care Powder. Additional Flo Sinus Care sachets are available separately.

Full Information

FORMULATION:

Each sachet contains:

Sodium chloride	1.544 g
Potassium chloride	83.16 mg
Calcium lactate pentahydrate	63.13 mg

FLO Sinus Care is available in the following packs:

- Bottle and 4 sachets
- Refill packs of 100 sachets

DOSAGE and ADMINISTRATION:

Use twice daily or as directed by your healthcare practitioner. Sodium Chloride + Potassium Chloride + Calcium Lactate Pentahydrate (FLO SINUS CARE) is non-habit forming and may be used as often as necessary. Consult your healthcare practitioner if symptoms persist.

DIRECTIONS:

Read the enclosed consumer leaflet before use.
Use as directed.

1. Add 200 mL of bottled distilled water (not mineral water) to FLO bottle.
2. Add contents of one FLO sachet to FLO bottle.
3. Close FLO bottle with cap and swirl until powder has completely dissolved.
4. Lean over basin and insert cap nozzle into nostril. While breathing through your mouth, gently squeeze FLO bottle until solution starts to drain from the other nostril.
5. Continue until half of the solution has been used. Repeat procedure with the other nostril with remaining solution.

Best results depend on regular washing of the nose and sinuses. Always follow the advice of your physicians.

INDICATIONS / USES:

Cold, Flu and Sinusitis

Symptoms may include sinus congestion, facial pain, toothache and fever. Regular use of Flo Sinus Care helps relieve congestion by thinning and washing away or removing excess mucus, inflammatory materials, and infectious agents. This also helps relieve the pressure and discomfort associated with nasal and sinus congestion.

Hay fever and Allergies

Symptoms may include sneezing, runny nose, nasal congestion and post nasal drip. Regular use of Flo Sinus Care will help wash away unwanted pollens, dust, animal fur, and other irritants. It helps reduce the severity of allergic symptoms.

CPAP Users

CPAP users may experience nasal stuffiness, sinus congestion and facial pain. Regular use of Flo Sinus Care helps relieve these symptoms by thinning and washing away mucus and helping the body's own mucus clearing systems.

Post-operative Care

To clear or wash away mucus, scabs, blood clots and dry blood from the nose and sinuses, FLO Sinus Care optimizes patients' recovery following nasal and sinus surgery.

Post-nasal Drip

Symptoms may include mucus dripping down the back of the throat and bad breath. Flo Sinus Care helps to wash away mucus and relieve these symptoms.

In Conjunction with Other Medicated Nasal Spray

Use Flo Sinus Care 20 minutes prior to medicated nasal sprays (e.g. nasal steroids) to help clear mucus and improve their effectiveness.